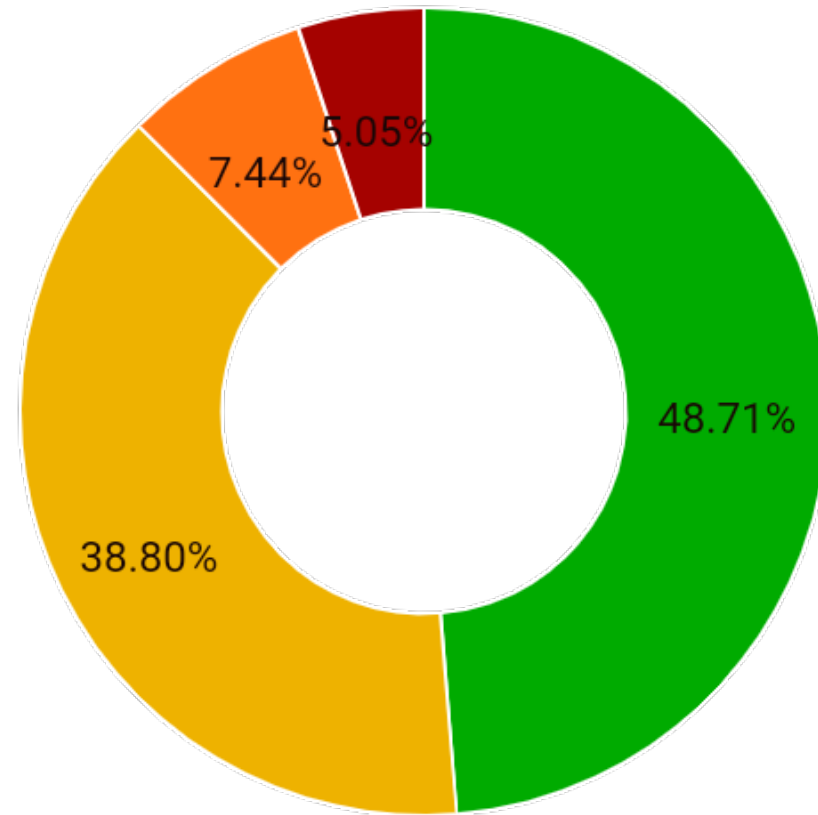
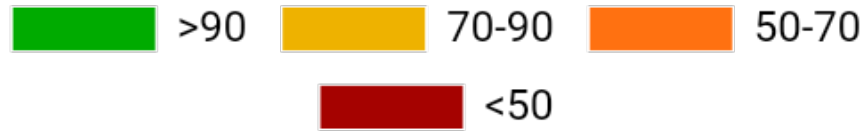


Regularity in % of HRV curve



HRV-Recording-30062022-190707

DATUM (SS:MM:SS)
30.06.22 19:07:07

ZEIT (SS:MM:SS)
00:04:27

MAXIMUM
76.4 HR

MINIMUM
51 HR

DIFFERENZ MIN/MAX
25.4 HR

DURCHSCHNITT SESSION
64.52 HR

IHRE PUNKTE:
372.44

SDNN
80.70 ms

RMSSD
65.74 ms

NN50
135

PNN50
47.37 %

STRESS INDEX
34.93

DURCHSCHNITT HR
64.10 HR

DURCHSCHNITT RR
936.73 ms

ANZAHL KORRIGIERTER WERTE
0

KORRIGIERTE WERTE PROZENT
0.00 %

POWER HF (MS2)
1744.1005

POWER HF (LOG)
7.46399

POWER HF (%)
20.1889

POWER LF (MS2)
5246.0470

POWER LF (LOG)
8.56523

POWER LF (%)
60.7258

POWER VLF (MS2)
1648.7633

POWER VLF (LOG)
7.40778

POWER VLF (%)
19.0853

LF / HF-VERHÄLTNIS
3.0079